



Go Further...West Weekly Study Guide

January 15, 2012

Sermon:

"Who is the ME I Want to Be!"

Scripture Reference:

Ephesians 2:10

Things I would like to remember from this week's message

First Time Guest:

If you are a **First Time Guest** we extend a special welcome to you!

You are invited to visit our VIP Tent and receive a thank you for choosing West to spend your morning!

Monday

01.16.12

Ephesians 2:10

Henri Nouwen writes, "Spiritual greatness has nothing to do with being greater than others. It has everything to do with being as great as each of us can be."

Comparison will kill a spiritual life! We THINK we should be just like everyone else, but truly, that's not who God calls us to be! God created US uniquely – the goal is not to mimic anyone but to have a personal connection with God.

What spiritual practice have you had that is out of trying to be LIKE someone else? How can you change that?

Tuesday

01.17.12

Ezekiel 37

There's an "outer you" and an "inner you." The outer part is shaped by the way we eat, drink, sleep, exercise, and live. These things can be done poorly, intentionally, or not at all, but the bottom line is they do happen. But our inner part is shaped by what we read, hear, think, and do. This is our inner part and is also known as the spirit. Part of following Christ is to shape not only our "outer" parts but even more importantly, our inner selves. It is known as "spiritual formation" and many times people think it is reserved for the highly religious people. Truthfully ALL people can engage in spiritual formation ... everyone's spirit is being formed. It is a journey.

What are some things/practices you can do that will begin to take you to the next step spiritually?

Wednesday

01.18.12

John 7:25-49

Henry David Thoreau had a fear "when I came to die, I would discover that I had not lived."

Sometimes we give up on our dreams because in our "self-imposed timeline" we have not achieved our dream. But there is a person inside each of us WANTING to come alive! God can be the one that makes us come alive but we have to allow the spirit to flow through us.

Have you ever had that "feeling" so that you know that what is happening is something bigger than you? The "flow" of the spirit was a part of your life in such a way that you truly felt alive?

Upcoming Key Events:

We are celebrating that we have 23 Confirmands!!!!

This is the first ever "Confirmation Class" of the West Campus of Williamson's Chapel and this is something to celebrate!

Twenty-three young people willing to spend weeks exploring their faith!

It is my prayer that you will lift THEM up in prayer . . . in two weeks you will meet them in worship . . . but please begin now praying they will encounter God in real, dynamic ways!

January 28th - 9am - 11am

Vision Casting at our Brawley Campus!

ENTIRE WEST FAMILY is invited! More details to come! Will NOT last longer than 2 hours and childcare is provided!

Thursday

01.19.12

John 10:10

How would you define life? It is sometimes a rather difficult word to define. Therefore we can begin with this definition, "Life is the inner power to make something happen."

When have you had an inner power in your life to make something happen? What were the results of using all your power to achieve that one thing? What is before you in your life right now that needs achieving? How can you put more power towards it?

Friday

01.20.12

Mark 10:27

St. Irenaeus wrote, "The glory of God is a human being fully alive; and to be alive consists in beholding God."

Listed below are words that give vitality to a variety of people. Look through these words and identify at least three that give you life. How may you implement these in your own life?

Nature, Spiritual friendships, worship, solitude, serving, study, leading, art, rest, celebration, scripture, recreation, exercise, family, long talks, laughter, leading a cause, retreat, small group.

Saturday

01.21.12

Genesis 2:10

If a river flows, life grows and flourishes. If the river dries up, then the life is not able to be sustained. The same scenario is true with us and the Holy Spirit. God breathed into humanity, many, many years ago, the "breath of life." In Ancient Hebrew the word for *breath* is the same word that is used for *spirit*. One of the signs that we are in the "flow" of the spirit is a sense of God-given vitality and joyful aliveness overflowing in you.

When is a time in your life you can remember something "sucking the life out of you?" What gave you life back? How can we remember to rely on God to be that source of life? How might that help you be the "me" you are called to be?